

Plan Pakistan

Fact File

“One Year After the Earthquake”

Case Study:

It was a bright sunny Saturday morning in Upper Siran Valley, in NWFP Pakistan. There was a nip in the air heralding the arrival of autumn in the region. Rashid was getting ready for school and his mother was busy making his breakfast.

“I packed my school bag and had breakfast quickly as I wanted to get to my school on time,” said Rashid **“That morning as always we had our assembly of prayers and reciting the national anthem and then we all went to our classes. Suddenly the earth started shaking and rumbling, my classroom walls were shaking like paper and the teacher told us to run out into the open. My school fellows and I rushed out we did not understand what was happening everything around us was falling down, houses, buildings were all gone.”**

“I ran all the way home as everyone was panicking and running around, no one knew what had happened. When I reached home I saw where my house was, there was only a big pile of rubble. I did not know what to do! My parents were buried under the rubble, I could see them lying there ... I just sat there crying. My grandparents came over and looked after me, took my parents out and buried them.”

“I had no clothes, nothing at all! My grandfather rummaged through the rubble and found my clothes and things for me. After a few days some people came and brought food, medicines and water for the people.”

“I now live with my grandparents and have started going to school and studying as it makes me forget the bad times.”

This is one of the many stories typical for the children in Siran Valley who have been affected by the devastating 2005 earthquake.

The physical scars will heal over a period of time but the mental scars will take a long time to go away. Normalizing life, going back to school, following daily routines will be instrumental in healing these inner scars in a more effective way. That is why Plan is working towards practical results, aimed at creating a better life for the children and their families.

The Pakistani Earthquake:

The earthquake that devastated much of northeastern Pakistan struck on October 8, 2005, killing more than 73,000 people, including 35,000 children and leaving about 500,000 families homeless. Plan having worked in Mansehra since 1997 was among the first to initiate assessments and provide immediate relief assistance.

Plan's Response:

The Relief Phase:

Quality Education and Care:

- 2,400 children attended primary schools/pre-schools/recreational centers
- 2,400 children (their families) have increased awareness on the importance of sanitation and hygiene for improved health

Establishment/Running of Daryial Camp with 315 families:

- Provided water and sanitation facilities
- Health and hygiene promotion
- Electrification of the camp
- Provision of necessary kits for shelter, hygiene and households
- Establishment of tent schools and pre-schools

Distribution of Non-Food Items:

- 12,000 families received shelter
- 3,000 families received health and hygiene kits
- 12,000 children received winter clothes
- 3,500 families received one month food ration

From Relief to Rehabilitation:

While continuing relief efforts, Plan began preparing for the rehabilitation phase with a focus on education as early as November 2005. Beginning in February 2006 the shift from relief to rehabilitation was evident in Plan's response, as planning and preparing for the future became the focus.

- Plan worked with the District Education Department assessing school needs and planning the reopening of public schools
- Assisted families in tent villages returning home with logistical, general supplies and psychosocial support
- Supported opening of government schools in communities expressing commitment to education
- Supported communities that contributed space and caregivers to continue the pre-schools and recreational centers

Impact on Population

Deaths	73,338
Injuries	128,304
People affected	3.5 million

Impact on Children

Families affected	500,000
Children killed	35,000
Students killed	8,000
Teachers/staff killed	853

Impact on Infrastructure

Houses destroyed	600,000
Health units destroyed	796
Roads damaged	4,429
Educational Institutions destroyed	7669

Source: UN / ERRA – Recovery Plan

- Participated in Child Protection Networks to advocate key protection issues in Mansehra
- Developed in partnership with World Vision a child-friendly book on child rights (*My Rights*)

Rehabilitation for the Future

Plan Pakistan in collaboration with the District Education Department, has developed a long-term strategy to support the rehabilitation of the education sector in the affected areas of Mansehra District with a total budget of US\$ 17 million over a period of four years:

Plan's Key Achievements to Date:

- 58 schools reopened, reaching more than 6000 children (40% girls), by providing comprehensive School Learning Packages – that included tents, floor mats, blackboards, stationery for the children, learning support materials, sports equipment, etc
- 123 teachers trained on child-friendly teaching / learning methods and on-the-job support by partners in the schools
- 10 Community Education Committees reactivated and trained enabling parents to be involved in decision-making concerning their children's education
- 6 student representative councils formed with 20 members each (10 girls / 10 boys) to develop leadership and communication skills to actively influence decisions concerning their education
- 2400 children (3-6 years) provided with care and stimulation through 54 established Early Childhood Care and Development Centers (pre-schools)
- Surveys, community consultations, designs and drawings completed and approved by government for the construction of 10 schools in Siran Valley
- 2,400 boys and girls are aware of key hygiene messages and their importance for improved health and hygiene
- 123 teachers trained on psycho-social issues related to children
- 50 community volunteers trained in psycho-social issues

Donors

Plan is grateful for the generosity of a multitude of donors who have been supporting the relief and rehabilitation efforts of Plan in the Mansehra District. These include; individual donors, AUSAID, CIDA, Pfizer Pharmaceuticals, M/O Foreign Affairs Finland, Foreign Ministry Germany, Development Cooperation Ireland, Private Foundation in Japan, KOICA, M/O Foreign Affairs Norway, MFO Netherlands, SIDA, Jersey UK. We are also thankful for the in-kind contributions from UNICEF, IOM, Swedish Rescue Services Agency, Noor International and World Vision.

Expenditure to Date

Plan has developed a long term strategy for the rehabilitation of education and the cost is about US \$ 17 million. As of August 30th, 2006, Plan Pakistan has received

donations of US \$ 13.6 million. This is apart from US \$ 4 million set aside by the International Board from the Plan Disaster Fund. Additionally, Plan has spent around US \$ 4.79 million mostly during the relief phase from October 08, 2005 to March 31, 2006. The spending during the rehabilitation phase from March 2006 till August 2006 is around US \$ 1.1 million.

About Plan in Pakistan:

Plan is an international humanitarian, child centered, community development organization without religious, political or governmental affiliation. Plan's mission is to achieve lasting improvement in the quality of life of deprived children in developing countries through a process that unites people across cultures and adds meaning and values to their lives.

This is the ninth year of Plan's operations in Pakistan and the first year of the current strategy. Plan presently has five field areas, one each in the districts of Chakwal and Vehari in Punjab, and two in Mansehra, the North-West Frontier Province and one for the squatter settlements of Islamabad.

Activities have focused on safe motherhood and child survival, universal birth registration, children's access to quality education, water and sanitation, community capacity-building, income-generating activities and child rights. Plan works in partnership primarily with children and their families and community-based organizations, but also with government departments and agencies, international, national and local development partners.

Plan Pakistan's Country Goals 2006 – 2010
<ul style="list-style-type: none">- Improved health status of girls and boys in Plan-supported communities- Enhanced access to quality education especially for the girl child- Diversified and strengthened livelihood opportunities for poor and vulnerable households in Plan-supported communities- Increased respect for and protection of children's and women's rights

Our Vision is of a world in which all children realize their full potential in societies which respect people's rights and dignity

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